



She Is Safe

FREE & EQUIPPED

10 Tips to Safety for Children



1. Do treat everyone's body as a sacred gift.
2. Don't go places alone.
3. Do wear appropriate clothes to cover your body at all times.
4. Don't let anyone touch your body in the underwear area.
5. Do make sure you are not watched when changing clothes
6. Don't be with someone if you feel uncomfortable in any way.
7. Do shout, "No!" and run away if you feel in danger.
8. Don't go with someone who offers candy, money, a puppy or anything.
9. Do tell a trusted adult if someone makes you uncomfortable or hurts you.
10. Don't listen to threats or tricks used to keep you from telling a trusted adult about what happened to you.

Equipping children to protect themselves near and far is essential. Don't wait until it's too late! To sponsor abuse prevention training for your group and help at-risk children across the globe, contact info@sheissafe.org.